



PATTERN REVIEW: Etoile Dress By French Poetry

Description



Linen



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The 90s trends are making a major fashion comeback to the catwalks around the globe and back into our wardrobes. We seem to be combining some of our favorite old-school styles for a look that's vintage, plain and simple. Fortunately, the [Etoile Dress pattern](#) by the French designer [French Poetry](#) checks all the boxes!

The Etoile Dress is a flirty little sundress that is quite simple, but so effective. With its deep V-neck that shows just the right amount of cleavage, darts in front and back and flattering princess seams, it perfectly defines your silhouette and adds a touch of femininity. Cute details include front buttons and gathered short sleeves adorned with self-fabric ties.

Blandine, the designer behind the [French Poetry patterns](#), has done a great job drafting the pattern. It sews up pretty easily and has a great fit although you will most certainly need to do a full bust adjustment if you have a cup size bigger than B cup. The top of the dress is pretty fitted and has a deep V-neck that stops right at the apex line. The skirt flares out from the waist and is great for disguising fuller hips. The Etoile Dress has a mini length with a pretty high hem line. So consider adding a couple of extra inches for more coverage.



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The dress you see in this post is a straight size 8 with no modifications whatsoever. Choose the size that is closest to your measurements (if in between, go for the largest size). If your measurements are very different from the standard sizes (e.g. very wide hips compared to waist or bust) you can trace a line between two sizes.

Even though the pattern is labeled as «intermediate», it came together relatively easily. However, with only 3 pages of instructions, it definitively requires some sewing experience, concentration, and precision, especially when sewing the neckline and neckline facings. You have to be careful not to stretch the neckline and make it lay flat against the skin. Overall, this was really fun and quick to sew.

This little sundress is perfect for the flowy summer wovens like linen, rayon, cotton voile and silk. And since linen is the ultimate summer fabric, we made our version in our beautiful [IL019 AGAVE Softened Medium Weight linen](#). With its cold, watery green shade reminiscent of Edgar Degas's paintings, and smooth and tight weave, we thought that this particular fabric would work perfectly with this pattern and so it did! You will also need some lightweight fusible interfacing and 9 small 3/8- 1/2" buttons to complete the project.

[The Etoile Dress sewing pattern](#) is available in sizes 2 to 16 and sold in PDF and can be downloaded right after purchase in US Letter, A4 (print at home) or A0 (copy shop) formats. As a PDF, it's worth noting that the file is relatively small and consists of only 25 pages (US Letter). This means that the taping process should not require too much time. The pattern and its sewing instructions are available in both French and English (go to the English store for the English version).

The bottom line, the Etoile Dress by French Poetry is a wonderful pattern with lovely seam lines and a really satisfying making experience! So if you are looking for a cute figure-flattering button-up sundress to beat the heat this summer, this pattern is right what you need. Go to French Poetry's

website and grab a copy of the Etoile Dress. And if you are looking for more maker inspiration, check out some cute makes on the Instagram with the [#fpetoile](#) hashtag.

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Date Created

October 25, 2020

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